

VITA SafeREFUGE Ideal Basic Provisions List

Complete and personalise your **VITA SafeREFUGE Host Welcome Pack** (https://vita-network.com/wp-content/uploads/2022/03/VITA_SafeRefuge_HostPack-FINAL.pdf) a fantastic resource for you to complete and print or email to your new guests providing them with the information they need for a safe and warm welcome to their new UK home.

(Note: items do not need to be new but must be clean and functional to a standard you would use yourself.)

ROOM	RESOURCES TO PROVIDE
GENERAL ACCOMMODATION	<ul style="list-style-type: none"> <input type="checkbox"/> Complete your VITA SafeREFUGE Welcome Pack <input type="checkbox"/> Ensure door locks work and you have spare keys for guests and for emergencies. <input type="checkbox"/> Check all electrical appliances are safe, clean and working (ie oven, fridge, microwave, boiler, shower). <input type="checkbox"/> Check household heating and radiators are working, especially if you are offering a previously unused room. <input type="checkbox"/> Check all electrical sockets are safe, especially if young children are coming to your property. <input type="checkbox"/> Check your smoke alarms and replace batteries if needed. <input type="checkbox"/> Check your carbon monoxide alarms and replace if needed. <input type="checkbox"/> Ensure your home is free of pests (ie mice, bees). <input type="checkbox"/> Ensure your home and garden are safe for children (if relevant). <input type="checkbox"/> Allocate an area for coats and shoes. <input type="checkbox"/> Ensure you have a simple First Aid Kit in an obvious place.
KITCHEN	<ul style="list-style-type: none"> <input type="checkbox"/> Allocated food storage areas (if shared accommodation) including fridge, freezer and cupboard/larder space. <p>You can include appliance instructions in your VITA SafeREFUGE Welcome Pack plus place simple instructions near the appliances themselves.</p> <p>Basic Kitchen Items on Arrival:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Kettle <input type="checkbox"/> Toaster <input type="checkbox"/> Saucepans <input type="checkbox"/> Frying pan <input type="checkbox"/> Baking trays <input type="checkbox"/> Sieve/colander <input type="checkbox"/> A few sharp knives <input type="checkbox"/> Chopping board <input type="checkbox"/> Wooden spoons <input type="checkbox"/> Grater <input type="checkbox"/> Peeler <input type="checkbox"/> Tin opener <input type="checkbox"/> Glasses, cups and mugs <input type="checkbox"/> Cutlery <input type="checkbox"/> Food storage wrap <input type="checkbox"/> Containers and clips. <input type="checkbox"/> Food/name labels and pen if needed (shared accommodation)

	<ul style="list-style-type: none"> <input type="checkbox"/> Cloth/sponge/scouring pads <input type="checkbox"/> Surface cleaner spray <input type="checkbox"/> Washing up liquid <input type="checkbox"/> Dishwasher tablets <input type="checkbox"/> Hand soap <input type="checkbox"/> Hand towels <input type="checkbox"/> Tea towels <input type="checkbox"/> Oven gloves <input type="checkbox"/> Table and drinks mats <input type="checkbox"/> Young families may need an infant high-chair or booster seat. <input type="checkbox"/> Young families may appreciate children's plates, cups and cutlery. <input type="checkbox"/> Ensure the kitchen is safe for young children ie child locks on cupboards with cleaning liquids, knives etc. <p>Basic Food Items on arrival (minimum):</p> <ul style="list-style-type: none"> <input type="checkbox"/> Milk <input type="checkbox"/> Bread <input type="checkbox"/> Butter <input type="checkbox"/> Cornflakes/porridge oats <input type="checkbox"/> Tea bags <input type="checkbox"/> Coffee <input type="checkbox"/> Sugar <input type="checkbox"/> Salt & Pepper <input type="checkbox"/> Cooking Oil <input type="checkbox"/> Additional items very welcome including pasta, rice, eggs, cheese, baked beans, fresh fruit, biscuits, jam etc.
LAUNDRY & CLEANING	<ul style="list-style-type: none"> <input type="checkbox"/> Access to a washing machine with instructions. <input type="checkbox"/> Laundry liquid or capsules (safely stored) <input type="checkbox"/> Access to iron and ironing board <input type="checkbox"/> Washing basket <input type="checkbox"/> Access to drying rack, clothesline and/or tumble dryer. <input type="checkbox"/> OR details of local laundrette. <input type="checkbox"/> Simple sewing kit <input type="checkbox"/> Cleaning cloths <input type="checkbox"/> Multisurface cleaning spray <input type="checkbox"/> Toilet cleaning liquid <input type="checkbox"/> Floor brush <input type="checkbox"/> Dustpan and brush <input type="checkbox"/> Vacuum cleaner (with instructions) <input type="checkbox"/> Mop, bucket and floor cleaner liquid <input type="checkbox"/> Black sack/bin bags <input type="checkbox"/> General waste bin <input type="checkbox"/> Recycling bin
BATHROOM, TOWELS & PERSONAL HYGIENE	<ul style="list-style-type: none"> <input type="checkbox"/> Anti-bacterial hand soap <input type="checkbox"/> Hand towels <input type="checkbox"/> Toilet rolls <input type="checkbox"/> Bin <input type="checkbox"/> Non-slip bathmat <input type="checkbox"/> Floor mat <input type="checkbox"/> Shampoo <input type="checkbox"/> Shower Gel <input type="checkbox"/> Feminine hygiene items / sanitary towels <input type="checkbox"/> Toothbrush holder <input type="checkbox"/> Bath towel for each guest. <input type="checkbox"/> Flannel per guest.

TOILETS	<input type="checkbox"/> Anti-bacterial hand soap <input type="checkbox"/> Hand towels <input type="checkbox"/> Toilet Rolls <input type="checkbox"/> Bin <input type="checkbox"/> Toilet brush and holder
BEDROOM (per guest)	<input type="checkbox"/> Mattress cover <input type="checkbox"/> Duvet Pillows x 2 <input type="checkbox"/> Fitted sheet x 2 <input type="checkbox"/> Duvet cover x 2 <input type="checkbox"/> Pillowcases x 4 <input type="checkbox"/> Blanket <input type="checkbox"/> Bedside table and light <input type="checkbox"/> Electric socket <input type="checkbox"/> Window and keys (if relevant) <input type="checkbox"/> Hanging clothes storage with hangers <input type="checkbox"/> Cupboard Mirror
LOUNGE/SITTING ROOM	<input type="checkbox"/> Enough chairs to seat all guests. <input type="checkbox"/> Additional blankets.
ADDITIONAL ITEMS FOR BABIES AND CHILDREN	Please see this advice and equipment referral form from The Sanctuary Foundation – https://www.sanctuaryfoundation.org.uk/resources/babies-children